

A wide-angle photograph of a rugged coastline. In the foreground, dark, jagged rocks are partially submerged in turbulent, white-capped waves. To the right, a steep, light-colored cliff face rises, showing signs of erosion and vegetation. The middle ground is filled with the rhythmic crashing of waves. The background consists of a vast, overcast sky with heavy, grey clouds, creating a somber and powerful atmosphere.

Se ti fidi il mare può diventare per te
una strada a dodici corsie.
Se non ti fidi devi imparare a
camminare a lungo
sott'acqua e senza bombole.

Don Mario Simusa